

Ionic Detox Footbath

Ionic Detox footbaths can assist with enhancing the immune system; speeding up the recovery time from injuries and surgery; relieving arthritic pain; improving sleep patterns; removing heavy metals and blood clot material; and the improvement of liver and kidney function. The heavy metal and mucous residues found in the water after the detox reflect the wastes that have left the body during the session.

30 min - **\$45**

Package of 5 sessions (30 min) - **\$200**

Package of 10 sessions (30 min) - **\$350**

John of God's Crystal Bed

The concept of the Crystal Bed was channeled to John of God who then had it developed for practical use and incorporated it as an important healing modality at his healing center known as "the Casa." For visitors to the Casa, the Crystal Healing Beds are prescribed by the Entities (Healing Spirit Guides) for rejuvenation, alignment and balancing of our energy fields, which in turn aids in the process of spiritual and physical healing. Now Crystal Bed Therapy is also available at the Salt Cave.

45 min - **\$55**

Package of 5 sessions (45 min) - **\$220**

Package of 10 sessions (45 min) - **\$330**

Spiritual Healing

An unconventional therapy for pain relief and overall well-being that utilizes universal energy and facilitates natural healing at the cellular level.

45 min - **\$90**

Health Consultation

A personal health consult offering step by step recommendations for a healthy lifestyle with individualized detox, dietary and herbal protocols.

45 min - **\$77**

Compression Therapy

A safe and efficient complementary therapy to relieve symptoms of lymphedema and venous diseases — that enhances the immune system, digestion, circulation, detoxification, wound care, weight loss, and cellulite reduction.

\$88

Package of 5 sessions - **\$400**

Package of 10 sessions - **\$750**

Electrotherapy

An advanced microtechnology that uses electrical impulses to rejuvenate and to reshape the body, providing many health and beauty benefits such as detoxification, lymphatic drainage, tissue repair, improved circulation, dermal rejuvenation, cellulite reduction, body sculpting, and weight loss.

\$220

Package of 5 sessions - **\$975**

Package of 10 sessions - **\$1750**

These statements have not been evaluated by the Food and Drug Administration; they are provided for informational and educational purposes only. Salt Cave Inc. makes no claims regarding this information. All products and services by Salt Cave Inc. are not intended to diagnose, treat, cure or prevent any disease.

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Our Services:

Halotherapy

Biofeedback

Infrared Sauna

VIP Light Therapy

Honey Detox

Salt Scrub

Salt Massage

Ionic Detox Footbath

John of God Crystal Bed

Spiritual Healing

Health Consultation

Compression Therapy

Electrotherapy

Halotherapy

Halotherapy is a drug-free and completely natural treatment with no side effects. It takes place in a dry, sterile, and hermetic environment that recreates a natural microclimate identical to ancient salt caves and salt mines. This special microclimate was found to have beneficial effects with the following: asthma, allergies, respiratory and skin disorders, infections, and many other health conditions. Halotherapy, due to the antibacterial, antiviral, and anti-inflammatory properties of salt, can also be used as a preventative therapy.

45 min - **\$45**

Package of 5 sessions - **\$200**

Package of 10 sessions - **\$300**

Biofeedback

Biofeedback is a new field of energy medicine that addresses the electrical properties of the body through stress reactivity testing of the entire energetic body field. Once tested, energetic therapy helps to neutralize disease and imbalances to harmonize the system. Our therapy works to relieve stress by balancing physical trauma and emotional trauma by stimulating the mind to naturally balance the body.

Throughout the therapy, the XQCI device will identify your stresses, re-harmonize your body, balance your mind and help to put you back into your natural resonance. Our system works as preventative therapy and to assess emotional and physical risks. Our program can help you gain more insight into yourself and your current state of health. This energy therapy system can set patterns to bring your whole self into a state of balance and well-being

First Visit - **\$150**

Follow Up - **\$125**

Far Infrared Sauna with Himalayan Crystal Salt

Infrared sauna benefits are tremendous. Some of the health benefits include detoxification, relaxation, weight loss, lowering blood pressure, pain relief, and blood purification. An average person will sweat out 20% toxins and 80% water in the far infrared sauna! In a conventional sauna the average person sweats out 3% toxins and 97% water. Studies have shown a 30 minute far infrared sauna session can burn up to 200-600 calories. Heating of muscles with far infrared heat produces an increased blood flow level similar to that seen during exercise. Body temperature elevation also produces an increase in blood flow.

60 min - **\$60**

Package of 5 sessions (30 min) - **\$250**

Package of 10 sessions (30 min) - **\$450**

Polarized (VIP) Light Therapy

This therapy introduces a device that acts to regenerate cellular activity by the use of polarized light. The healing power of polarized light works in the treatment of general health disorders, is a therapeutic use of artificial light as a source of well being, relieves pain and accelerates wound healing and repair of broken bones and is a revolutionary skin care device that works to alleviate cellulite, wrinkles and acne among others.

10 min - **\$25**

20 min - **\$40**

Package of 5 sessions (20 min) - **\$175**

Package of 10 sessions (20 min) - **\$300**

Honey Detox

The unique ability of honey to absorb toxins and to quickly extract them through the skin was perfectly known to the Tibetan healers for centuries. Honey detox is performed on the client's back; it is an amazing rejuvenating therapy that also helps to cleanse your body from toxic cellular waste products. Through the vacuum produced by the therapist's palms, honey detox helps release rigid soft tissue, loosen adhesions, lift connective tissue, and bring blood flow to stagnant skin and muscles.

30 min - **\$60**

Package of 3 sessions - **\$160**

Package of 5 sessions - **\$250**

Salt Scrub

A gentle body exfoliation treatment designed to help remove dull surface skin cells while stimulating blood circulation. Himalayan crystal salt is mixed with organic massage oil and essential oils, and worked over your body for an ultimate exfoliating experience.

30 min - **\$60**

Package of 3 sessions - **\$160**

Package of 5 sessions - **\$250**

Salt Massage

Harmonizing bodywork with Himalayan crystal salt. A restorative manual therapy utilizing energy healing techniques and the countless benefits of Himalayan crystal salt.

60 min - **\$90**

Package of 3 sessions (60 min) - **\$255**

Package of 5 sessions (60 min) - **\$400**